



Food Services Volunteer

The Redwood is looking for volunteers to join the Food Services program at the emergency shelter. Working alongside our Food Services Worker, volunteers will help to cook and serve meals to the families staying at the emergency shelter, organize and update the food pantry, and help to keep the kitchen clean and tidy! No professional food experience required!

Shift 1: Tuesday's 5pm-7pm*, **Shift 3:** Thursday's 10:30am-1pm **Shift 5:** Friday's 4-6pm*

Shift 2: Wednesday's 5pm-7pm* **Shift 4:** Thursday's 5-7pm*

Some flexibility on start time

Location: West End Toronto - Our confidential location will be provided to successful applicants.

How to Apply: Send your resume and an introductory paragraph explaining your interest in this role to The Redwood's Volunteer Coordinator, Hannah, at hlzimbel@theredwood.com

Duties Include:

- Following directions from our Food Services Worker.
- Washing, chopping, and the safe handling of various ingredients.
- Ensuring that food safety measures are taken in food preparation.
- Serving meals to residents with a positive attitude.
- Sorting and shelving grocery items.
- Maintaining cleanliness of cooking space to Health and Safety standards.
- Washing dishes by hand and with the industrial dishwasher.
- Safely lifting boxes up to 15lbs.
- Practice confidentiality.
- Taking initiative to sign-up for shifts using the shared Google Sheets calendar – shifts are not assigned, but on a first-come, first-served sign-up basis.

We look for volunteers who have

- A positive energy! You are reliable! You are a collaborator!
- Experience working in meal preparation - an asset.
- Self-awareness – have the ability to work within role boundaries and position scope.
- A positive and constructive communication style.
- Knowledge of trauma and the impact of gender-based violence - an asset.
- Appropriate kitchen attire for both indoor and outdoor cooking (non-slip, closed-toed shoes, long pants, covered arms, willingness to tie long hair back and/or wear a hair net). Apron and gloves will be provided.
- Availability to volunteer twice a month (as required), for a minimum of 6-months.

**Qualifications:**

- Provide a copy of your recent Vulnerable Sector Check (within the years 2023-2026) from your local police service or be able to apply for one.
- Valid Food Handlers Certification (within the last 5 years) is an asset.
- Provide proof of full COVID-19 Vaccination status.
- Are 16 years of age and over.
- Provide 2 character references.
- For Redwood service users only – it has been 2-years since you last accessed Redwood services.

Training:

- Must be able to attend a virtual Volunteer Orientation provided by The Redwood's Volunteer Coordinator
- Attend additional on-site orientation provided by the Food Services program.

Benefits:

- Gain experience working with a non-profit organization in the Violence Against Women sector.
- Gain valuable knowledge in preparing food for large groups from diverse backgrounds.
- Receive a letter of Volunteer Confirmation after a minimum of 4 shifts -upon request.

Additional Information:

As part of The Redwood's commitment to providing low-barrier volunteering, The Redwood will provide to the successful applicant:

- Compensation for the cost of the Vulnerable Sector Application upon proof of payment. Please keep your receipt and send via email to the Volunteer Coordinator, Hannah Zimbel, at hlzimbel@theredwood.com
- TTC transit tickets to and from the shelter.

If you have any questions about this volunteer role or the application process, please reach out to Hannah, either by email or phone:

Hannah Zimbel
Volunteer Coordinator
hlzimbel@theredwood.com
416-533-9372 ext. 233